





- What is Safer Internet Day? A day to create awareness of a better internet for ALL users
- Research consistently shows children and teens don't tell when something goes wrong online. To help support children and young people online, for Safer Internet Day Webwise is encouraging Parents to Talk Listen Learn...
- Top concerns for Irish Parents: cyberbullying, spending too much time online, online grooming/exploitation and accessing inappropriate content.







## WHAT CAN PARENTS DO? TALK, LISTEN, LEARN...

Remember: The benefits outweigh the risks...Being online is an integral part of children and teens life online. Talking about the positives of going online, keeping the conversations broad and valuing your child's opinion shows that you are interested in all aspects of their online world





## **SUPPORTING YOUR CHILD ONLINE**







#### 1. GET INFORMED

Get started by visiting webwise.ie/parents. You'll find expert advice, how to guides, explainers and helpful talking points for parents.

## 2. TALK, LISTEN, LEARN

Have regular conversations with your child on the important things to look out for online and any potential risks.

## 3. AGREE RULES

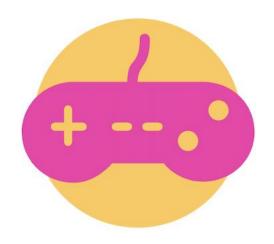
Agree on a clear set of rules in your home about internet use and around using the internet and expectations.

Remember the importance of a healthy balance!

## **SUPPORTING YOUR CHILD ONLINE**







## 4. ASK FOR HELP

Reassure your child that they can always come talk to you about anything that comes up online.

#### 5. LEAD BY EXAMPLE

Do as you say! Modelling behaviour is the most powerful way you can influence your child's behaviour!

## 6. JOIN IN

The internet is a great resource for children! Play your child's favourite computer game and discover the online world together.

#### FREE RESOURCES FOR PARENTS:

# **WEBWISE.IE/PARENTS**

# #TopicGenerator

Having regular open conversations is one of the most effective ways of supporting your child online. Webwise is encouraging parents and kids to use our topic generator to help them start the conversation.

Start the conversation



Expert Advice Videos



Advice



Talking Points and Topic Generator



Explainer and How to Guides





## **NEXT STEPS**





Visit Webwise.ie/Parents



Access training from npc.ie



Have the chat using the Webwise Topic generator talklistenlearn.webwise.ie



